

RELIABLE BUSINESS DIRECTORY

J. F. CONANT, 11 Franklin Street.
Whitstone & the J. F. C. 100
Cigars are the best on the market.
Try them.

The Norwich Nickel & Brass Co.,
Tableware,
Chandeliers, Yacht Trimmings
and such things Refinished.
69 to 87 Chestnut St., Norwich, Conn.
Oct 10

BULLETIN POINTERS

NEWMARKET HOTEL,
715 Boswell Ave.
First-class wines, liquors and cigars.
Meals and Welch rabbit served to
order. John Tuckie, Prop. Tel. 42-5.

HAM AND CHEESE.
The best place in Norwich to buy
Pressed or Mince Ham or any kind
of Cheese is at Mrs. Thumma's, 73
Franklin Street. Others have learned
to buy of no one else. A trial order
will make you a permanent customer.

DO IT NOW
is the best thing any property owner
can do. Don't wait until cold, bad
weather comes before making neces-
sary fall repairs. If you have new
work begin today by getting our figures.
STETSON & YOUNG,
aug 10 Central Wharf.

\$15.00
buys a 17 Jewel Hamilton
movement in a 20-year gold
filled case.

\$10.00
buys a Waltham movement
in a 20-year gold filled case.

FERGUSON & CHARBONNEAU,
Franklin Square.
dec 30 d

Buffets and Sideboards
AT SALE PRICES.
In order to reduce our stock of
Buffets and Sideboards we will for the
next few days quote extremely low
prices on these goods.
We have Buffets from \$15 up—Side-
boards from \$12 up.

SPECIAL
100 PICTURES with gold and oak
frames at 29c each.
The pictures are 16x20 inches in
size and are of different subjects.

M. HOURIGAN,
Tel. 123-4. 62-66 Main Street.
feb 6 d



Pure Wines and Liquors

are known and acknowledged to be
the greatest aid to health in the
world, and invaluable in time of sick-
ness. Our stock contains many of the
best and well-known brands, famous
for age and purity, and we can guar-
antee you satisfaction in both quality
and price.

GEORGE GREENBERGER,
Telephone 312. 47 Franklin Street
Jan 5 d

MONEY LOANED
on Diamonds, Watches, Jewelry,
and Securities of any kind at the
lowest rates of interest. An old
established firm to deal with.
(Established 1872.)
THE COLLATERAL LOAN CO.,
151 Main Street, upstairs.

General Contractor
All orders receive prompt and careful
attention. Give me a trial order. Sat-
isfaction guaranteed.
THOS. J. DODD, Norwich
Telephone 248-2. Norwich.
feb 10 d

DR. N. GIBLERT GRAY,
GRADUATE VETERINARIAN
AND DENTIST.
HODGE'S STABLE.
Tel. 10. 4 to 20 Bath St.

VISIT THE COUNTRY
and enjoy a day in the fresh air.
There are lots of beautiful places with-
in easy driving distances of Norwich—
Gardiner's Lake, Bailey's Ravine, Lan-
tern Hill and others. We've got the
teams for such trips, and the prices
will be right.
MAHONEY BROS., Falls Avenue.
Jan 30 d

Purina Pancake Flour
GOOD FOR BREAKFAST.
Order from
CARDWELL,
Telephone 952. 3 to 9 Market St.
Feb 10 d

COAL AND LUMBER.



You don't get a pound of dirt
with every shovelful of COAL
you buy from us.

No! — ALL COAL is more or
less dirty when it leaves the
mine; but every pound is well
screened before we deliver it.

The Edw. Chappell Co.
NORWICH, CONN.
Phone.

COAL

Free Burning Kinds and Lehigh
ALWAYS IN STOCK.

A. D. LATHROP,
Office—Cor. Market and Shetucket Sts.
Telephone 168-12.
Branch Office—Lewis, Shannon Bldg.
oct 29 d

LUMBER

The best to be had and at the right
prices, too. Remember we always
carry a big line of Shingles. Call up
and let us tell you about our stock.
H. F. & A. J. DAWLEY
may 14 d

J. A. MORGAN & SON,

Coal and Lumber

We carry a well selected line of all
sizes family coal. Lumber for build-
ing purposes.
3 Central Wharf. Tel. 88.
sept 19 d

COAL and WOOD

C. H. HASKELL
489 — Phone — 402
37 Franklin St. 58 Thames St.
Jan 12 d

PLUMBING AND GASFITTING.

The Vaughn Foundry Co.
IRON CASTINGS
Furnished promptly. Large stock of
patterns. No. 11 to 25 Ferry Street.
Jan 23 d

The Best Dollar's Worth

is what most people are looking after
today, and the fellow who cannot give
it is working under a strong handicap.
That applies to my business—PLUMB-
ING. I only ask for a chance to
prove my ability to give it to you.

J. F. TOMPKINS,
Jan 12 d 57 West Main Street.

T. F. BURNS,
Heating and Plumbing.
92 Franklin Street.
mar 10 d

**We Are Receiving Our
Spring Patterns
of Wall Papers**
and Interior Decoration and will be
pleased to show them. The styles are
especially charming and the colors
in great variety. Also Upholstery,
Lace Curtains, Window Shades and
Furniture.

The Fanning Studios,
31 Willow Street, Norwich, Conn.
feb 10 d

FURS! FURS!
The cold days are coming and my
Furs must be sold. I have a few La-
dies and Gents' Fur Lined Coats. I
also have a few Mink, Martin, Fox,
and Lynx Sets that must be sold re-
gardless of price.

M. BRUCKNER, Furrier,
55 Franklin Street, Norwich, Conn.
feb 19 d

**FOR THE BEST
ALES and LAGER**
Go To

"The Plank," 3 Franklin St.
O'CONNELL & SHEA.
Telephone 554-4. sept 12 d

WHEN you want to put your busi-
ness before the public, there is no need
of a better medium than the adver-
tising columns of The Bulletin.

THE MODERATE DRINKER.

By Charles W. Eliot, LL.D., President
of Harvard University.

(This is an extract from a recent
speech by President Eliot before the
Massachusetts No-License League,
which is here reproduced from his
manuscript, by his special permission.
The extract is so significant in its
meaning, and so essentially the result
of careful investigation and experience,
that the message it contains assumes
unusual importance.—The Editors.)

I have been all my life what is called
a moderate drinker. That is to say,
I have used beer and wine on occasion,
though never habitually—and I have
never experienced any ill-effects what-
ever in my own person from either beer
or wine. Again, I have always recog-
nized the truth of the Bible saying
about wine, that "It maketh glad the
heart of a man." There is no doubt
of that fact; nevertheless, it may be
doubted whether it be expedient that
the heart of a man should be glad in
that way. Frequent observation has
made me sure that alcoholic drinks
have a tendency to cheer people up
temporarily, and make them jolly and
lively, but the doubt about the ex-
pediency of that kind of elevation has
gained on me as years have passed.

The recent researches in physiology
and medicine tend to show
that even the moderate drinking of al-
cohol is inexpedient. As a result of ex-
perience the old practice in regard to
the use of spirits has been absolutely
abandoned. No longer are men who
are to be exposed to cold, heat, fati-
gue, or the hardships of any sort, pre-
pared or braced for such encounters
by any form of alcohol. It is used to be
considered essential that a sailor in the
merchant marine or in the navy should
be braced every day for his arduous
work by grog; but now grog has been
abolished in our navy yards and is no
longer served in well conducted ships
of the merchant marine. The result is
a demonstration that the rough, ex-
posed life of a sailor was not really help-
ed by the moderate use of alcohol; in
truth it was injured. No captain of an
ocean liner ever supports himself now
against the fierce exposures of the
bridge by means of alcohol. It is im-
agine that the coffee or lemonade to help
him keep warm and awake; but he
never braced himself when exposed to
terrible weather by means of alcohol.

It is just so in regard to strenuous
intellectual labor. It was long sup-
posed that nobody could be the lab-
or of a prime minister of England—
in the house of commons late every
night, and in Downing street during
long hours every day—unless he was
aid by one or two bottles of port
per day. Many famous men have lived
that laborious life under such stimula-
tion; but all such practices are now
absolutely abandoned. It is well known
that alcohol, even if moderately used,
quenches the quickness of the mind,
and enables one better to support
hard mental labor. On the con-
trary, all intellectual workers find al-
cohol a drag on their mental process;
and if they are accustomed to work-
ing on alcohol they are apt to affect its
effects by an immediate use of tea or
coffee. Hard mental workers who use
the double stimulation of wine and tea
or coffee are admittedly burning the
candle at both ends. On the other hand,
the value of alcoholic drinks to men
engaged in intellectual labor—I have
myself witnessed a great change of
opinion among well informed men. The
new psychological laboratories of the
learned world, some German and
some American, have supplied valuable
evidence on this subject, and their re-
sults are plain and all go one way.
For instance, the effect of a moderate
use of alcohol on clerks whose princi-
pal function is to add up columns of
figures, has been thoroughly studied. If
such a clerk drinks during the day a
moderate amount of beer or wine it
has been proved that he cannot add as
well the next day as if he had had
no alcohol the day before. These ex-
periments have been conducted on a
large number of persons, so large as to
establish the psychological fact.

An interesting line of experiment has
been on what is called the time reac-
tion. By time reaction is meant the
interval that elapses between hearing a
sudden noise, or seeing a flash of
light, and putting the muscles of the
hand and arm in motion to catch a
given object. The signal of the ex-
periment is the brain through the eye or ear,
and the will then sets the motor nerves
of the arms and fingers at work to
make the indicated motion. In differ-
ent individuals the time reaction is
much. Now it has been demonstrated
that alcohol—even in the most moder-
ate quantity—affects unfavorably the
time reaction—that is, it slows down
the whole nervous action of the man
who takes it, and this slowing effect
lasts for hours and even days.

Some years ago I had occasion to
learn about the actual time reaction of
a well known pugilist. He was ex-
pecting to fight in a city at some dis-
tance from Boston. The day of the
fight had been fixed, but the pugilist
had been on a succession of sprays.
His trainer could not control him, and
he had been under the influence of al-
cohol a good part of his time. He was
brought to Cambridge and his time re-
action was tested. It proved to be
slow. Now this man had always been
famous for his quickness of eye and
foot. A prize fighter has need of a very
short time reaction. He must be able
by the motion of his adversary's fist just
where his adversary is intending to
strike, and he must put his own arm
quickly in the right place to fend off
the coming blow. A slow time reaction
will make success impossible for a
boxer, a fencer, or a runner of short
races. The effect of alcohol on the
time reaction of the human being has
now been tested carefully in hundreds
of cases, and there is no question about
the ill effect of alcohol, even in very
moderate doses. That means that al-
cohol, even if moderate doses, diminishes
the efficiency of the skilled workman,
or, in other words, makes him incap-
able of doing his best in the work of
the day.

Benjamin Franklin made a very ear-
ly observation of this subject when he
first worked, as a very young man, in
an English composing room. Drinking
no beer he found he could not com-
pare the English workmen in the print-
ing office, and he attributed his greater
capacity to abstinence from beer, which
was the favorite and habitual drink of
his fellow workmen. So I say that the
recent progress in medical science
largely accomplished through animal
experimentation, has satisfied me that
the habitual use of alcohol, even in
moderate quantities, is inexpedient, be-
cause it lowers the nervous and intel-
lectual power of the human being. If a
man is leading an intellectual life, if
he is engaged in work which interests
him keenly, stirs him, and requires the
active use of his powers of thought,
then he will inevitably feel the retard-
ing and deteriorating effect of this
drug.—Ladies' Home Journal.

The Fourth of March Bible.
The supreme court has provided it-
self with a new Bible on which Mr.
Taft may be sworn in as president.
The oath is administered by the chief
justice and the clerk of the court is
always prepared with a new Bible.
Should the president-elect not have
provided himself with one of his own.
Usually he does. Grover Cleveland was
sworn in on the one his mother gave
him. It was a tiny Bible and by way
of contrast huge seemed the Bible
William McKinley used. It was a large
family Bible and one of the largest of
not the largest ever used to swear in
a president. Mr. Roosevelt was sworn
in on the Bible he used to make the
oath of office as governor of New
York.—John Lorraine in Boston Ad-
vertiser.

Fine for Hobson.
At least there is this about the Jap-
anese situation: It gives those who
have the habit and opportunity to in-
fer to their heart's content.—N. Y.
World.

Business Directory OF EASTERN CONNECTICUT AND WESTERLY, R. I.

NORWICH FIRMS

HAY AND GRAIN.
We handle a good No. 1 timothy hay,
straw, grain, salt feed and poultry sup-
plies. Tel. 324-2. Greenville Grain Co.,
Solomon Bros., Props.

GEORGE F. ADAMS,
17 Town Street.
Carriage Painting and Trimming.
You "Auto" Let Me Paint It.

AUTOMOBILE STATION.
E. J. Colt, 405 Street. Automobile
and Bicycle Repairing. General Ma-
chine work. Jobbing. Phone.

BUILDING MATERIAL.
Peck, McWilliams & Co., 47-49 West
Main Street.
Lime, Portland Cement, Paroid Roofing.

BOTTLER.
H. Jackel, cor. Market and Water Sts.
A complete line of the best Ales, Lager
and Wines, specially bottled for fam-
ily use. Delivery. Tel. 134-5.

FOR ONE MONTH ONLY
I am closing out my winter stock of
Boots, Shoes and Rubbers at excep-
tional low prices. H. Franklin, 119
West Main St. Shoe Repairing a spe-
cialty.

COAL AND WOOD.
The Park Wood Yard, Franklin Street.
Wood and Coal in any quantity deliv-
ered to all parts of the city at reason-
able prices. Wm. Luce. Tel. 500.

FOR SALE.
Slabs \$1.00 a load. Norwich Wood
Yard, rear Bulletin Bldg., Franklin St.
Tel. 500.

CONTRACTOR AND JOBBING.
F. E. Beckwith, 25 West Main Street.
Contractor and Builder. Jobbing work
of all kinds promptly attended to.

WAGONS FOR SALE.
Two new business wagons, also two
new dump carts, a second-hand top car-
riage and a second-hand top phaeton.
Painting and repairing a specialty. Tel-
ephone 512. Geo. W. Harris, 544 West
Main St.

FISH—FISH.
Fresh shore haddock, market cod,
steak cod, also line of all other
kinds of fish at the Norwich Fish Mar-
ket; telephone—311.

GROCERIES, HAY AND GRAIN.
J. G. Potter & Sons, 419 Main Street.
We carry a complete line of fancy and
grocery. Hay, Grain and Feed.
Poultry Supplies, Etc.

HORSESHOEING.
P. J. White, 15 Bath Street. Horse-
shoeing in all its branches. Careful
attention on our part insures your patron-
age. Once a customer, always a
customer.

"THE FOUR-MINUTE RECORD."
Come in and hear it. It's something
great.
Geo. P. Yeomans, 22 1/2 Lafayette St.

HAGBERG,
Ladies' Tailor,
Norwich.

MEATS AND PROVISIONS.
James Banning, Norwich Town, Conn.
Fresh and Salt Meats, Poultry, etc.
Fresh Provisions received daily Every-
thing first-class. Prompt delivery.

NEW YORK BAKERY CO.
Mistels & Zachmawitz, Props. Pol-
ish, French and German Breads. Deliv-
ery all over city. Drop a card and
have us call. 20 North Thames Street.

PAINTING.
It is nearing the time for spring
painting. Get my estimate. Also gen-
eral jobbing. Agency Monarch Paint
100 per cent pure C. R. Browning, 15
Asylum St., P. O. R. F. D. No. 7, City.
Phone.

REAL ESTATE AND INSURANCE.
Geo. E. Bachelder, Room 8 Shannon
Bldg. Real Estate and Investment
Broker. Notary Public. Auditing and
Expert Accountant. Telephone 515.

STENOGRAPHER.
Hattie L. Jewett, Public Stenographer
and Shorthand Teacher. 283 Main St.



Ceresota Flour

sales outstrip the records
of brands old enough to be its
great grandfather, because extra-
ordinary merit is found in every
bag. You need only the
first sack to tell you
why.

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at short notice.
J. P. COMBES,
Cor. Market and Water Sts. Phone 324.

TIN AND IRON WORK.
done promptly at short notice and my
prices are right. Give me a trial.
M. K. SULLIVAN,
15 Bath Street.

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E. F. Grenier, Taftville, Ct. Prescrip-
tions filled with the greatest care and
with only the best and purest drugs.
A full line of Toilet articles.

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Call up the Charter's Grocery—Phone
549-5—and we will deliver to all parts
of the city. Give us your dinner order.
Wm. Charter, Prop., Taftville, Conn.

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STIMPSON'S STABLES.
rear Young's hotel, Main street. Thoro-
ughly up to date service guaranteed.
Trucking and heavy teaming a spe-
cialty.

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Mrs. James P. Brown, 770 Main Street.
Willimantic, Conn. Orders taken for
puffs and other hair goods. Your own
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dour or puffs. Chiro-pody, Manicuring,
Face and Scalp Massage. Superfluous
hair removed. Full line of Victoria
Toilet Goods. Evenings by appoint-
ment.

BALTIC FIRMS

SHOES! SHOES.
I have this day received a lot of
Men's \$2.50 Shoes that I will sell for
\$1.95. This will be for 10 days only.
B. A. Fontaine, Railroad St., Baltic, Ct.

**HORSESHOEING AND WAGON
REPAIRING.**
Arthur Roy, Baltic, Conn. Expert
horshoeing and wagon repairing.
Our motto is "Best work at right
prices." Try us, we are sure to please
you.

**HORSESHOEING AND WAGON
REPAIRING.**
C. F. Bourgeois, Baltic, Conn. We
make a study of shoeing horses that
will satisfy. Years of experience has
made us experts. Wagon repairing at
right prices.

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HAIR DRESSER.
D. F. X. McEvoy, 61 Main Street.
Ladies' Gents' and Children's Hair
Dresser and practical wig maker.
Hair worker in all its branches. Wigs
for sale and to rent.

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CARD & WRIGHT.
Huber D. Card and F. Walden Wright.
Civil Engineering and Land Surveying.
New Bradley Block, Elm Street.

OYSTERS CUT OUT.
Oysters measured out fresh every
day. Our oysters are worth getting.
Quality and price always right. At Ar-
nold's, 57 Front St., Putnam, Ct.

DANIELSON FIRMS

G. W. NASH.
The Music Man. Rank Building.
Have you heard my new Two Step,
"The Belle of Connecticut"? If not
come in and have it played for you.
Price 15c.

DANIELSON FISH MARKET.
Oysters are now coming in and we
handle nothing but the best that we
open ourselves; also a full line of fish,
clams and quahaugs.

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CLOTHING.
R. G. Elven, Furnisher. Outfitter.
I carry a full line of Gents' Fur-
nishing.
On the bridge.

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A. M. Willis.
Real Estate and Insurance.
Potter Building. Phone connections.

P. H. DeROCCO.
1-2 Railroad Ave. Opp. depot. Best and
pure Italian olive oil and olives; best
quality of confectionery; best snow wa-
ter; best brand cigars; but over all, the
best peanuts in New England.

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dium better than through the adver-
tising columns of The Bulletin.

Modern Styles of Office Fittings



ROLL-TOP DESKS
Derby Co. and other Standard Makes.
Prices - - \$20.00, \$25.00, \$28.00
\$30.00 and Upwards.

**Flat-Top Desks, Tables, Chairs
FILING CABINETS**

We direct special attention to the
Macey & Globe Wernick systems of
labor saving devices. Sections fur-
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uments, checks, reports, legal blanks,
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business.

Their utility and compactness will
appeal to you. Fire-proof cases fur-
nished.

SECTIONAL BOOKCASES.
The kind that expands as your need
requires. (Catalogue mailed on re-
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N. S. Gilbert & Sons

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feb 16 d

Rogers Stain Floor Finish

The
Much Imitated.
NEVER
Equalled Finish

The Best Finish
for
Furniture, Floors
and
Interior Wood Work
of all kinds.

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when you Paint, Stain or
Varnish.

CHAS. OSGOOD & CO.,
45 and 47
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Furniture,
Ranges,
Carpets,
Rugs,
Mattings,
Sewing Machines,
Pianos,
Go-Carts,
Carriages.

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UNDERTAKERS**
feb 16 d

We Want Your Business

and have out prices to get it. In Wall
Papers, Mouldings and Paint Supplies,
also Painting, Paper Hanging and
Decorating, by experienced workmen.

P. F. MURTAGH,
82 and 94 West Main Street,
opposite Falls Ave. Telephone 688.
sept 10 d

Clearing Out

of Horse Blankets and Carriage Robes
at what they cost us. A good chance
to own Blankets and Robes right.
Also exceptionally good Second-hand
Two-seaters for sale cheap.

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in selecting THIS school
as the one to attend.

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